

The first time I talked to Gabriela was over the phone to discuss an individual training session for my 11-year-old son. I will never forget that session. In 45 minutes, my son made, in my opinion, fantastic progress. We have both completed several training sessions with several coaches, but we have never experienced better approach and methods. The way of leadership, communication, beautiful cohabitation with a child, and then a child with water, left me with an incredible feeling. The feeling that there are still coaches who really know how to coach, who do the work with love, calmness, bravery, um, joy, with smile on their face and who can motivate. Then all it takes is for the child to say, that they are excited for swimming lesson and they are asking when is going to be another lesson right after they leave the pool.

I will not forget the day when the coach told my son that the only way to know that he gave his everything in the lesson, is when he is sweating. Since then, my son has been trying to find out if it's even possible at all. This few words were a great motivation for him. After one of the trainings, when he really tried, he triumphantly left the pool with words that it really is possible.

I will not even forget the training when my son, after a few years of swimming (swimming since 5 years) and unsuccessful attempts to swim a 25 meters underwater on one breath, after few minutes of instructions, he was able to do it. When his head came out of the water, he was not breathless at all. I was very surprised; I couldn't believe it. In such a short time such a big change. When I retrospectively recapitulate, it looked so simple. A brief, silent instruction, a delicate touch of the coach's hand on my son's shoulder, his dive into the water and the emergence, all gave a very calming impression. It can hardly be described by words; such a feeling will remain forever in you.

My son told me that the coach had told him three tricks. If you want to know, try training with Gabriela as we did. Exquisite blending technique with water applied by Gabriela, her understanding of children and excellent training methods. It must be experienced.

In conclusion, I can only add, that if you want the best for your child, believe that in swimming the best choice is Gabriela.

Thank you, Gabriela, I wish a lot of skilled and enthusiastic swimmers and a successful start of the Swim Smooth club. We count on being part of it.

Maja a Laco Horvath

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